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BMX Racers (Kid Racers)



Synopsis

BMX stands for bicycle motocross. Freestyle BMX is when riders pull tricks on their bikes.

What's the best part of BMX? The races? The tricks? The dirt? All these things are fabulous. But what makes BMX truly special is that it is a family affair. Nobody is left on the sidelines! After all, a racer's age can be anywhere from four to seventy-five!

Book Information

Series: Kid Racers

Paperback: 48 pages

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

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Age Range: 10 - 13 years

Grade Level: 5 - 8

Customer Reviews

If you're already trying to practice bunny hopping over curbs on your regular bike or speeding down your street like crazy, you just might be interested in freestyle riding or BMX racing. It's never too late to start riding because Hunter Stephens didn't even "get on a bike until he was eight years old, but once he started into BMX he was an NBL rookie champ by the time he was ten. If you're into bikes you probably know that "BMX stands for bicycle motocross." Races are held on dirt tracks on which thousands of people compete. You'll learn about the different associations, when the races are held, and the different ability levels that are assigned to bikers. Most likely kids have been racing or doing tricks on their bikes ever since they were invented, but historically the sport didn't take off until 1974 when "the first national BMX race" was held. Of course it's been going strong ever since and freestylers have been "pulling" tricks ever since. Freestyle can be "vert, street, park, dirt, and flatland." In this book you'll learn how to select the right bike depending on your interest and be

instructed to "hit the Internet to find a track near you." You'll get to see illustrations of racing bikes, dirt-jumping-bikes, freestyle and flatland bikes. You'll be able to check out their specs, learn what they are used for, and find some brand names. Naturally, one of the first considerations when you get a bike is safety. You'll get the lowdown on safety gear (helmet, pad, gloves, and shoes), what to look for, and how to wear it. Riding safely is a must and you'll learn about that too. According to freestyler Dave Mirra, "I've had a lot of injuries that could have been prevented if I'd been wearing safety gear. Now I feel naked without [my gear]." You'll also learn where you can ride, you'll read about track specs, what their features are, you'll hear about Olympic experiences, what happens on a race day, how to become a contender, you'll learn some interesting tricks, and you'll read about some real BMX champions. This is a dream book for any youngster who loves to bike and wants to get into BMX racing or freestyle. This book is exciting and instructional. I liked the action oriented layout that shows many young people either performing freestyle tricks or actually racing with their peers. Even though many kids will "try this at home," the safety aspects of riding are definitely stressed. There are numerous informative sidebars interspersed throughout the book. For example, there is one entitled "Bike Checks" with a list of things to check out before every ride. Both boys and girls gravitate toward books like these as they ooze excitement. In the back of the book is an index, a glossary, and additional recommended book and web site resources to explore.

This is the best bmx educational book written! I love the part about Hunter Stephens not riding a bike until he was 8 then winning the National Championship when he was 10. Great book for someone wanting to understand and get into bmx racing.

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